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For children with special needs and disabilities and their siblings



NOTES from Kim.... We have decided just to do a short interim newsletter. Things still seem to be changing and there are still so many restrictions that we felt planning too far ahead seemed unwise. I have enclosed a booklet called our Covid Summer for you to look at. This was produced as part of our monitoring for our funders this summer, but I thought you might like to see it as well. Also enclosed is your membership form, yes it's that time again. Please return these quickly. For some reason last year we still seemed to be doing membership returns well into November. You do need to return the form, money can be paid via BACS if preferred however because of data protection we have to have a new signed form every year. I am going to be a little firm and say the October newsletter won't be sent out to those who haven't renewed and returned their form.

I got many, many pictures of the sunflowers you all grew, so hard on a picture to judge but Luke's and Amy's did seem to be outstanding and definitely much bigger than mine. Don't immediately put your sunflowers in the bin. They make really valuable bird food. However it is best if you allow the seeds to ripen. Some of the bigger birds will take the seeds when they are unripe (white in colour) but a ripe seed will be dark and provides valuable food and oil for smaller and more vulnerable birds. If you can protect your seeds by putting something net over the flower head. Perhaps an old pair of tights, don't use a plastic bag as that will make the seeds rot. If you want to be tidy cut the flower head off leaving a little stalk and put it away in a garage to ripen.

Covid precautions..... Office sessions will remain the same small groups with social distancing and lots of hygiene. I'm sure I don't have to remind you to not send them if they are unwell in any way. We are restarting the parents group, we are allowed to run support groups, but do need to comply as best we can with Covid precautions.

I often in this space thank funders and I want to make a special mention to Children In Need. They have not only had faith in us to deliver all through this summer but gave us some additional funding to help pay for all the other expenses we incurred whilst doing so. Thank you it was very appreciated.



Let Us Play (Wolverhampton) Registered charity number 1104506 Company LTD by Guarantee number 5042881 7 Shaw Park Business Village, Shaw Road, Wolverhampton WV10 9LE
www.lupwolverhampton.org.uk 01902 546258

The parent's only group

I have done a bit of checking and government guidelines now state that we can run a support group but we have to pay attention to social distancing. So we will clean the office thoroughly before you arrive. Please no hugs and no sharing brushes, materials etc. We will ask you to sit slightly apart and may have to restrict numbers if necessary. It is essential you tell us if you are coming and we ask that you don't attend if you are ill with any respiratory illness unless you have had a covid test. Over the summer we did have some new members join us. The parents group is open to all adults who have paid LUP family membership.

Wednesday 23rd September 12:00 – 2:00pm. Join Kim and Claire for lunch and a catch up. At the office 7 Shaw Park.

Wednesday 7th October. Alcohol Ink craft. 9:30 – 12:30 at the office 7 Shaw Park. Warning to those who are sensitive to smell it contains a lot of alcohol so is strong smelling.

LUP CYCLING

This is 3 wheeled cycling and is most suitable for those who wouldn't cycle on 2 wheels. Restart date is Monday 21st September. Because of track and trace we need to keep accurate registers of those attending so it would be useful if you told Claire if you are restarting on that date. Cycling is 6:00 – 7:00 pm in Hall D, WV Active Aldersley leisure village. There is a small nominal charge of £2 each evening.

Space available for new attendees.



T O M B O L A !

We have gone all spring and summer without being able to do any of our own fund raising. This has of course hurt financially but there was nothing we could do about it. We do have some hopes that some of the winter fundraising events will take place. Especially the ones that take place outdoors. Can I ask that you let us have tombola prizes, anything as long as it is new. Last year some families were very kind and bought items from poundland this is very appreciated as smaller items make the tombola tickets go further.

Aiming High
for Disabled Children and Young People in Staffordshire

There are some South Staffordshire activities on this newsletter. Priority is given to Staffordshire children where you see this symbol. However there should be some additional places for Wolverhampton families so just ask

Saturday 26th September Wolverhampton Adventure Golf Dinosaur themed



Perton Golf Club
Wrottesley Park Rd, Perton,
Wolverhampton WV6 7HL

Session includes a lunch which is chosen when you arrive.

8 – 19 years

This session was cancelled in the summer because of heavy rain. Priority given to those who missed the session in August.

A dinosaur crazy golf session
This activity has a staggered start.

First group start at 10:50. First collection will be 1:00pm

Claire will allocate you a 'be there by time', and a collection time.

Saturday 3rd October 2020

A Day at Baggeridge

10:00am – 2:00pm approx. look out
for your allocated times

Lydiate Room

Gospel End, Sedgley, DY3 4HB

Treasure hunt

Walking, games, play on the park

Lunch supplied it will be in bags so
limited choice but veggie will be
available



5 – 19 years

The children will be divided into bubbles, and bubbles won't meet unless it pours down with rain. (if it rains hard the bubbles will have to meet or get soaked. If you decide not to send them because of bad weather on the day please let me know.) In bad weather we will have indoor activities available. Claire will allocate you an arrival time and a collection time. Siblings will be put into the same bubble.

Please come to the Lydiate room. For those who don't know where it is it is off the upper car park towards where the chimney is. You can access it from the craft centre car park entrance through baggeridge village. Or just park on the upper car park and walk across. If you get stuck ring me and I can come and find you. 07979751893

1 x 1:1 place available

Saturday 10th October

Autumn

9:30 – 12:30 noon

Or

1:30pm – 4:30pm

Let Us Play Offices, 7 Shaw Park
Business Village Shaw Road,
Wolverhampton WV10 9LE

5 – 19 years

Autumn Themed craft session
Please be clear if you want morning
or afternoon
Snacks available



1 x 1:1 place available

Saturday 17th October
Tissue and paper craft
9:30 – 12:30 noon
(for staffordshire families)

Or

1:30pm – 4:30pm
Let Us Play Offices, 7 Shaw Park
Business Village Shaw Road,
Wolverhampton WV10 9LE



5 – 19 years
Small group.



Morning session
funded by CFS so
Priority for Staffordshire children
AM. PM for all LUP members

Lots of different craft activities using
tissue and paper.

1 : 1 place available on both sessions

Saturday 24th October
Dudley Zoo
10:15 – 3:30
Castle Hill, Dudley DY1 4QF



We are asking you to meet us at the top of the car park. For those from Staffordshire who might not know us we wear turquoise tops so should be quite visible. The children will be divided into bubbles and will stay with the same member of staff all day. 2 members of staff to about 8 children. There are places on this activity for none Staffordshire families however this activity will close on bookings day regardless of whether or not it is full. Tickets can't be purchased on the day so will need to be purchased well in advance.

Children will need a packed lunch as the restaurants are currently closed.
This activity will run in bad weather.

There is one 1:1 place available.



Bookings.....

Please forgive me but we have several new members and I just wanted to go over the bookings procedure. Activities on the newsletter are usually over booked. We try to be as fair as possible in the way we allocate. Of course 1:1 places are in high demand but are also very expensive to provide. If you have a child with high levels of need you can provide your own carer to support your child. Some families do this through direct payments. Every newsletter has a bookings cut off date. On this newsletter it is **Monday 14th September**. That is the day Claire will allocate places. It is possible that some activities might still have places after that date but most will fill up. Please send requests for places to bookings@lupwolverhampton.org.uk

Please try to avoid sending text messages, leaving voice mail etc.

The system is designed to work from email.

Claire will then allocate places and email you back a confirmation. Now every time we send out booking confirmations somebody will tell us they haven't received it. Now we can't know that it hasn't been received so you have to keep this in mind. I would say if you haven't heard from Claire by Wednesday afternoon 16th September then email her and tell her. Please check your junk email as well.

Finally Let Us Play sessions are for children from their 5th birthday until 31st August after their 19th birthday. It is possible to bring a 4 year old if the parent stays and supports their own child.