



Issue

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*For children with special needs and disabilities and their siblings*



Once again just a short newsletter to cover April. Things are slowly starting up again, so there is a little more variety on this one. Bookings date is **Tuesday 23<sup>rd</sup> March**. Just to be clear that means Claire will allocate when she comes into work on that day. We will be continuing with all our Covid protocols for this newsletter. All indoor sessions will have low numbers with 12 places being the maximum. Almost all our staff have had their first vaccine with many having had their second. We are also going to introduce rapid testing for our staff when they arrive for work. This isn't enforceable, but I can't see anybody refusing. We are getting much busier now, a lot more families choose to access the March playscheme, so I imagine April will be popular. If there is something you particularly want just tell Claire when you make your bookings. [Bookings@lupwolverhampton.org.uk](mailto:Bookings@lupwolverhampton.org.uk). As ever please be considerate if your plans change, and let us know if you need to cancel a booking. Just a little nudge here if it's a Friday we won't be in the office so please don't email. Text Kim or Claire 07979751893.

**Paediatric First Aid.** We are offering a paediatric first aid course which will be free to one adult from LUP member families. This is the course recognised by schools and in normal circumstances is a full 2 days. However of course Covid has changed everything so the part of the course which would normally be done off power point in a classroom is done as home learning. This is round about 6 hours of work, but you can drop in and out of it as often as you like, but it must be done before the practical day on **27<sup>th</sup> April**. The practical day will be done from the LUP office and you must be ready to start for 9:30am. We will provide a simple lunch and we will finish for around 2:00pm for those who need to do the school run. Please only book onto this if you know you can do it. These places are quite expensive and we don't want to waste them. There may well be additional places for professionals and staff, but these may be chargeable.



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At Let Us Play we get asked an awful lot to participate in various projects, forums, meetings, schemes etc. We usually say no, with only 2 in the office these days there is just too much work for either of us to be out and about sitting on committees where nothing changes. However I had a phone conversation very recently with The Association of British Dispensing Opticians. They are running a project about ensuring children with disabilities are correctly represented and that training opticians recognize problems disabled people can have with their eyes and wearing glasses. The conversation stuck because the request was so unusual, but very sensible at the same time. They need to make some heads (sculpted) which represent certain disabilities. We know that some disabled children can have slightly different 'heads' skull shapes to other children. They are particularly looking for children in these categories: *5 year old - ideally of Chinese ethnicity, 7 year old with Craniofacial abnormalities, 8 year old - ideally of African Caribbean ethnicity and 12 year old child with Cerebral Palsy.*



*They are also looking for none standard shaped heads. They simply take lots of photographs, pay all your expenses and reward your child with a £25 voucher. For further information [athompson@abdo.org.uk](mailto:athompson@abdo.org.uk)*



## The Disability Resource Centre

Recently Kim had a zoom meeting with Gillian Garrett from the Disability Resource Centre. Their mission statement is simply to improve the lives of disabled people or

families where there is a disabled child. Gillian is particularly expert in anything to do with running homes efficiently. So everything from grants for loft insulation and new windows, to how to find a better priced energy supplier, benefits advice etc. The things they can do are too numerous to list here but if your home is always freezing in winter for instance give them a call they seemed very informed particularly about grants that are available. There is also an e learning portal where you can learn about topics such as consumer rights. [www.disability.co.uk](http://www.disability.co.uk)





## The Parents Group

We are delighted that we can restart our lovely parents group. This is open to all adults from families who pay membership to Let Us Play. Of course it won't be totally normal. The rule of 6 applies to many places outside, so no meals out yet. There are restrictions on how many we can have onsite and we ask that all attendees respect social distancing and Covid protocols. It won't be necessary for you to wear a mask. Please don't attend the sessions if you are unwell with any viral styled symptoms. We should have lateral flow tests available, but we aren't allowed to force anybody to use them.

Wednesday 21<sup>st</sup> April

11:00am – 1:30 ish....

Water Colour Greetings cards

Includes a yummy lunch

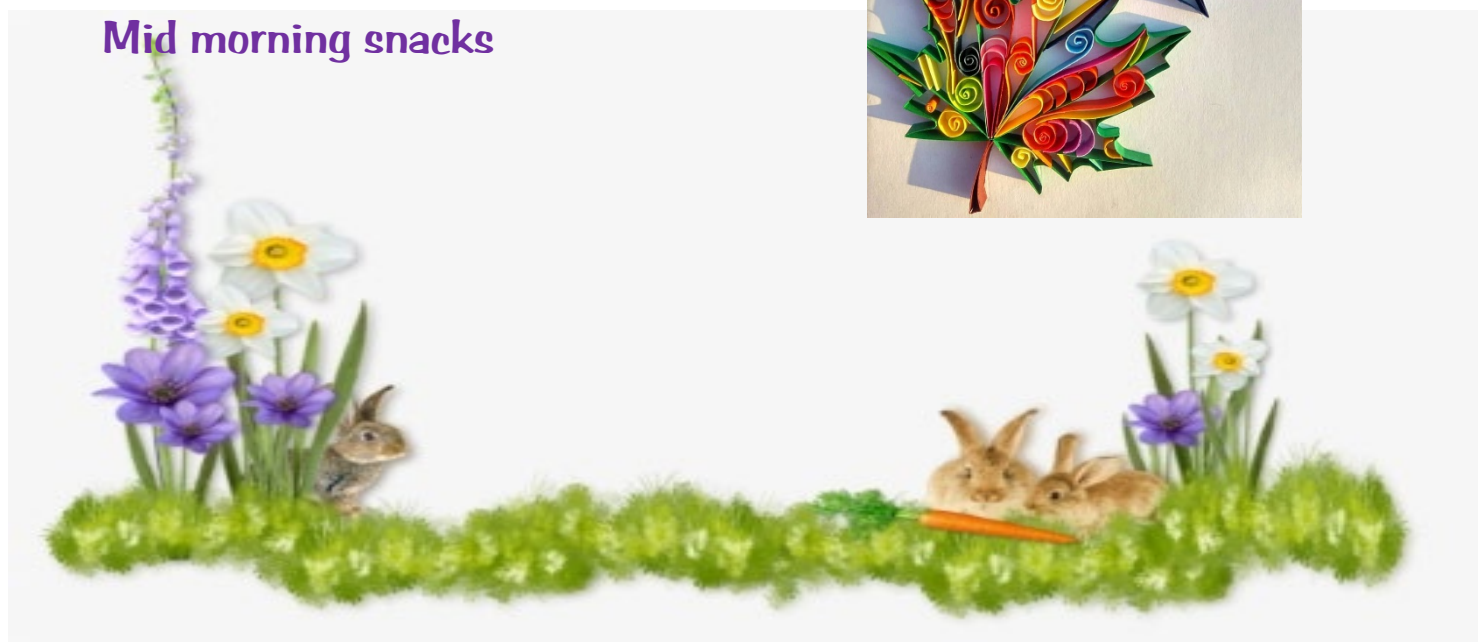


Wednesday 5<sup>th</sup> May 2021

10:00am – 12:30 ish.....

Paper quilling

Mid morning snacks



With some of the funding for the Easter play scheme has come a requirement to feed the children during the activity. Obviously eating the food isn't mandatory, but it might be helpful if we knew it wasn't needed or wanted in advance. At all sessions that take place in the office there will always been fruit, biscuits and snacks and drinks available.

**Wednesday 7<sup>th</sup> April**

**A Day at Baggeridge**

**1 session**

**10:00 – 3:00pm**

**Meeting at the Lydiate Room**

I think most of you will by now have been here, it can be hard to find. Stay on the top car park and go to the opposite end from the café. The Lydiate room is a newish looking building on the road.

A simple lunch is supplied. Because we can't do buffet this will be provided in a bag with a choice of sandwich. If you decide to send your own could you tell us?

Will take place whatever the weather.



**Thursday 8<sup>th</sup> April**

**Large Screen Gaming**

**10:00am – 1:00pm**

**Or**

**1:30 – 4:30**

**LUP office**

**7 Shaw Park Business Village**

**WV10 9LE**

**10 – 19 years**

**This session comes with hot dogs or a veggie alternative**

**Priority given to those who haven't had this session recently**



**Saturday 10<sup>th</sup> April**

**Flower Tarts**

9:30am – 12:30pm

Or

1:30 – 4:30

LUP office  
7 Shaw Park Business Village  
WV10 9LE

**5 – 19 years**

This session includes making jam tarts in the shape of flowers and some flower related craft. The morning session has priority for Staffordshire children.



*Aiming High*  
for Disabled Children and Young People in Staffordshire

**Monday 12<sup>th</sup> April**

**Challenge Academy**

**At Baggeridge Country Park**

**High ropes and team building activities**

**Meeting in reception at Challenge Academy ready for a 10:00am start.**

**Collection time is 2:30**

**8 – 19 years**

**Packed lunch needed**

**Dress for the weather**

**Will take place whatever the weather**

**Supported by our own staff**



**Tuesday 13<sup>th</sup> April**

**Garden Ornaments**

9:30am – 12:30pm

Or

1:30 – 4:30

LUP office  
7 Shaw Park Business Village  
WV10 9LE

**5 – 19 years**

**A plaster of Paris activity creating ornaments to decorate and paint.**

**This can be a messy activity**

**Includes Pitta Bread Pizza meal**





**Wednesday 14<sup>th</sup> April**

**Paper Quilling**

**10 :00am – 2:00pm**

**One session**

**LUP office  
7 Shaw Park Business Village**

**WV10 9LE**

**12 – 19 years**

**This requires some patience and is not suitable for the younger age group.**

**Includes a toast and something lunch**



**Friday 16<sup>th</sup> April Drayton Manor Park & Zoo.**  
**Priority given to Staffordshire Families. This is a whole family activity where you support your own children.**

**There are no unaccompanied places.**

**Tickets will be posted out in advance.**

**No LUP staff present, you will need to pay for your own car parking. Only take away food outlets open**



**Saturday 17<sup>th</sup> April**

**Earth Day**

**9:30am – 12:30pm**

**Or**

**1:30 – 4:30**

**LUP office  
7 Shaw Park Business Village**

**WV10 9LE**

**5 – 19 years**

**Since 1970 each April over 190 countries celebrate Earth Day. It is about looking at our Earth and the changes we are making to it.**

**This is essentially a craft day with an environmental theme.**



**Saturday 24<sup>th</sup> April**

**St Georges Day**

**9:30am – 12:30pm**

**Or**

**1:30 – 4:30**

**LUP office  
7 Shaw Park Business Village**

**WV10 9LE**



**5 – 19 years**

**Making a knights of the realm  
outfit.**

**A bit of sewing and crafting**

