



february



Issue

103

For children with special needs and disabilities and their siblings



Happy New Year to you all. Claire and I took a long break over the festive period but everything is back up and running now, although the office still isn't warm. We are having a bit of decorating done and our new staircase is almost complete. Just waiting on the glass as apparently in the new Covid world we all live in glass takes several weeks to be delivered. It is a bespoke shape, so we just have to be patient. The office has been deep cleaned; we didn't actually plan to do this but leaving carpenters alone for a week making a bespoke staircase..... well say no more.

This newsletter runs into March and bookings day is Tuesday 25th January. Can I just remind you that this is the day Claire allocates. Usually there is very little left once allocation is done so, please send us those bookings asap. The Christmas tombola's raised just a tiny bit short of £500, so thank you for all the support. The contribution to our unrestricted funding really helps with the ever increasing bills.

Special thank you to Sarah and the Catholic Women's League for their fundraising for us at their Epiphany concert. Thank You.

Just a final word about appropriateness. I believe that not everything we do can be fully inclusive, if we aimed for that then we virtually wouldn't be able to do anything. On any newsletter we try hard to do something for everybody and some of that is about what a funder requires and will fund. Claire and I really do try to do something for everybody. It can never be perfect. From time to time we get children on activities which simply aren't suitable for them. I.E a child who hates the dark may get very distressed by the cinema. There are things on this newsletter which aren't suitable for everybody please try to only book things you think they will enjoy. Nobody knows them better than you.



Let Us Play (Wolverhampton) Registered charity number 1104506 Company LTD by Guarantee number 5042881 7 Shaw Park Business Village, Shaw Road, Wolverhampton WV10 9LE
www.lupwolverhampton.org.uk 01902 546258

The Parents Group

The parents group is open to one person from any family who is a member of Let Us Play. The funding for it and our ethos is very much about friendships with others who understand. You certainly don't have to be talented to attend the craft activities, and you must never be worried about attending by yourself. It's a big friendly bunch.

Wednesday 2nd February meeting at 12:00 noon

**Lunch Out, The Gatehouse, Donington Grove,
Mercury Dr, Wolverhampton WV10 6EE (where Goodyears offices used to be)**



Wednesday 16th February 10:00am – 12:00 noon

Jute coasters and mats, Jute is an interesting material its anti-static, has low thermal properties it even absorbs acoustics. Its fire resistant and makes good mats for putting hot dishes etc. on. Okay I know it's not the most exciting session but it's really cheap and sometimes we need to do a cheap one to so that we can do the more expensive ones later. You make the mats using a simple crochet technique. You will be able to take the crochet hooks and jute home to finish off and as an enticer I thought we could get Claire to make one of her yummy cooked breakfasts.



Wednesday 2nd March 10:00am – 12:00am

Bingo and snacks

Prizes of varying quality!!



Wednesday 16th March 10:00am prompt (we can't wait)- 2:00pm

Canal trip and onboard food. Leaving from Wildside. Heading towards Wightwick down a couple of locks turning at Compton and coming back. Brunch will be onboard. There is a toilet. We should be back before 2pm, 2pm is the very latest taking into account getting held up at locks. There is heating but on a very cold day it won't be sufficient, so layers needed. There are cushions for the bench seating. The boat has been renovated recently

Wednesday 30th March 10:00am – 12:00

Wool Dogs. Silly craft using cardboard tubes and wool but there are lots of variations and they are cute.



Saturday 5th February

Active Saturday

Taking place at Green Park School
Green Park Ave, Bilston WV14 6EH



2 groups both running concurrently
10:00am – 2:00pm

8 – 19 years



Active day includes swimming session only 50% of the children can swim due to the pool being in use earlier. Can you say if you require swimming. The pool is quite modest in size. Sports hall games, also some team activities.

Lunch is provided and is simply sandwiches and crisps.

Children will be divided into two groups one of which is Compass.

1 x 1:1 place

Saturday 12th February

Heart Cookies

With Valentine crafts

LUP Office

7 Shaw Park Business Village

Shaw Road

WV10 9LE

9:30 – 12:30

Or

1:30 – 4:30

5 – 19 years

Make something to give to somebody you love. Baking with some heart crafts to fill in the time. Morning session for Staffordshire.

Snacks provided.



Saturday 19th February

ZIP world Forest

Betws-y-Coed, LL24 0HX

Coach departs the Office 8:45

We can't wait as we have fixed time slots for the activities.

Arrival back at the office is expected to be somewhere around 6:30pm



10 – 19 years



This is a compass activity but there will be some additional places for this year's year 6 and year 7 just ask. Although the site is called Zip World we aren't actually doing the zip lines mostly because of the way they do it, you just can't get off if you don't like it and it is in the tree canopy so high up. We are doing the forest coaster and Treetop nets. Please check their website zipworld.co.uk to see if you think its suitable for your child. There are a small number of coasters which seat 2 people. Packed lunch and drinks please. One final point they don't run the activities in heavy rain, so if it's a rubbish day we might have to cancel. Sensible clothing and footwear please. Short stop on route

INVOLVES WALKING

Monday 21st February
Sporty Monday

Bert William Leisure Centre
Nettlefolds Wy, Bilston WV14 0EF

10:00am start – 2:00pm
Meet in reception 9:45

(everybody is expected to swim there is no alternative)

5 – 14 years

Includes a swimming session don't forget your kit. Multi sports with team games. lunch supplied with extra drinks



Tuesday 22nd February
Family acrylic morning

LUP Office
7 Shaw Park Business Village
Shaw Road
WV10 9LE
9:30 – 12:30

This is a whole family activity where adults can come and create art alongside their children. A small number of unaccompanied places available. Priority to Staffordshire families

Aiming High
for Disabled Children and Young People in Staffordshire

Tuesday 22nd February
Arty Afternoon

LUP Office
7 Shaw Park Business Village
Shaw Road
WV10 9LE

1:30 – 4:30

5 – 19 years

An afternoon with paints. Suitable for all ages. 1:1 places available.



Wednesday 23rd February
Cinema & Bella

10:00am – 1:30pm
Bentley Bridge retail park
Wednesfield

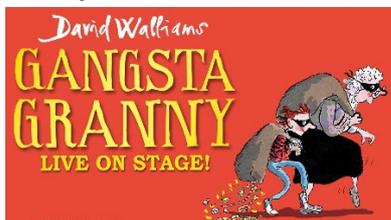


5 – 12 years

This is always a touch awkward as usually the film aren't released until a few days before so sometimes time slightly change. If you don't hear from us assume a 10am start. If you want to know the film please text a day or to before. Meal is Bella Italia no need to pre order.

Wednesday 23rd February
Gangsta Granny

Grand Theatre
2:40 outside the theatre



8 – 14 years

Afternoon at the theatre. Can't find out the run time so we will have to advise on the day. I would guess its only 90 mins or so but it is a guess.

Wednesday 23rd February

England ladies V Germany
At Molineux
6:00 at LUP office



The final fixture of the Arnold Clark cup. At bit of ladies football.

We are having McDonalds at 6:00pm (please pre order) or join us a 6:45. Because of the restrictions about parking and dropping off at the Molineux we have decided to meet at the office and walk up. It is a bit of a walk, but it just makes things easier all round. Likewise at the end we can walk back here. I would think we will be back at the office just after 9:30pm

Thursday 24th February
It's all about the storms

9:30 – 12:30

Or

1:00 – 4:00pm

LUP Office
7 Shaw Park Business Village
Shaw Road
WV10 9LE



This is a compass activity but there should be additional places available for others as well.

This is a science show and craft session about storms and static electricity. Breakfast for an attendees and in the afternoon we have afternoon tea.



Saturday 5th March
Cake Doughnuts

9:30 – 12:30

Or

1:30 – 4:30pm

LUP Office
7 Shaw Park Business Village
Shaw Road
WV10 9LE

Morning session allocated to Compass. Suggest more suitable for the older ones.

Basically they are a maderia cake mixture flavored and baked in a doughnut tin. Then decorated a bit like krispy kreme. There is always a bit of fill in time with cookery so we will run some games in between.



Saturday 12th March

All things Chocolate

9:30 – 12:30

Or

1:30 – 4:30pm

LUP Office
7 Shaw Park Business Village
Shaw Road
WV10 9LE



5 – 19 years

Morning session has priority for Staffordshire children. This is a cooking and craft session all about chocolate.



Saturday 19th March

Cinema & Bella

10:00am – 1:30pm

Bentley Bridge retail Park.



5 – 19 years

This session has priority for staffordshire Meeting time is approximate depending on film start and running time. This will be confirmed later.



Tuesday 22 March

Bowling and Food

6:00pm – 8:30



Compas night out
Meeting at Bentley Bridge
Hollywood Bowling ready to
start at 6:00pm. Meal is at
Nickelodeon main meal and Pud. No need
to pre book food.



Saturday April 2nd
Leicester Space Centre
10:00am departure from LUP
offices
Returning around 4:00pm



8 – 19 years

We are asking for a packed lunch to be supplied with this activity. There is a planteriumn which is included in the admission price. Obviously quite a lot of walking involves and some reading.



Monday night cycling has restarted. It has been very disturbed with all the different uses for Aldersley. We are hoping that that's it for a bit and cycling can run smoothly but I have heard whispers about snooker in Feb. There does seem to be a few places available. Some families that initially booked places haven't been turning up.

It is 6 – 7 pm in Hall D at Aldersley. Just tell Claire if you would like to give it a go. Our cycling is most suitable for those with higher levels of need and no 2 wheeled cycling is

allowed. You can bring your own trike if you have one and can get it there. Can I also ask that you make sure Claire knows if you are attending. Paul & Natalie don't have access to all the contact information stored in the systems in the office, as parents never leave their child they don't need to. However recently we had issues when Aldersley closed at short notice that we didn't have a definitive list of who was booked on as some families had turned up without Claire knowing. If we don't know you're going we can't tell you if something changes.

Family Fund

You may have seen the McCain advertisement on the television where they have announced a 1 million pound donation to Family Fund. Of course at LUP we are always chasing money so we checked it out. They help families who have a seriously ill or disabled child with funding for essential items. You must be low income and there are lots of other criteria and form filling but we thought we would just pass the information on.



Most sessions have 1:1 places available especially those that take place at the office. Sometimes places are dependent on staffing but mostly it is about ensuring the children are happy and safe in the environment in which we have them.