



Issue
104

For children with special needs and disabilities and their siblings



This newsletter is running until Mid-May. Booking's day is **Tuesday 29th March**. For those new to LUP this is just a request for places, Claire will get back to you with your allocation.

bookings@lupwolverhampton.org.uk

There are a couple of housekeeping things I need to mention. LUP applied for and was awarded a 4* food hygiene rating. This is to provide you with reassurance when we are cooking or feeding the children that we are doing so in an appropriate way. We are going to work towards 5*, but need to make a few changes before we get there. One thing we must do is amend the way we record and deliver around food allergens. I know not everybody in the past has seen this being necessary to mention on their membership form. Can I ask that you email Claire (claire@lupwolverhampton.org.uk) if you feel that your child has an allergy from any food type even if it's only a suspicion and we haven't previously been given details of it in writing. If the allergy is serious then you must give us protocols to follow in the event of a reaction.

We have now lifted almost all our Covid protocols. We will continue to test staff and ask that you don't send children to our sessions with any kind of viral illness. However you can now car share again etc. Please continue to send children in clean appropriate clothing, you can store coats at the office and they can bring bags.

Can I remind you to let us know when they are unwell or if your plans change and you need to cancel a session. Almost every session has a waiting list and it's such a waste when somebody simply doesn't turn up. This is magnified even more when they are 1 : 1.



Let Us Play (Wolverhampton) Registered charity number 1104506 Company LTD by Guarantee number 5042881 7 Shaw Park Business Village, Shaw Road, Wolverhampton WV10 9LE
www.lupwolverhampton.org.uk 01902 546258

The Holiday Activities and food program. (HAF)

Just as Compass has come to a end we have HAF which is now dividing opinions. Let us Play are focused on delivering activities which are free at the point of delivery for all. We also understand almost all the many problems that come with having a disabled child. We are all going to feel a big pinch in the months to come as prices rise on almost everything we buy or use. Claire and I understand how hard it can be sometimes to meet all these costs and make money last until the next payment hits the bank. Because of this we really wanted to belong to Wolverhamptons HAF program. If you have free school meals and have not made this clear to Claire, can you please do so. We need to collect those bar codes. At sessions which have a financial contribution from HAF there will always be nutritious food. Sometimes this will be hot or supplied by a restaurant or packed lunch if we are out and about. This food will however be given to every child present who wants it, not just to those who qualify. LUP will need to absorb the cost implications of that so the more barcodes we can collect the happier we will be. HAF only runs in the main school breaks, so will be running at Easter.



The Parents Group

The parents group is open to one person from any family who is a member of Let Us Play. The funding for it and our ethos is very much about friendships with others who understand. You certainly don't have to be talented to attend the craft activities, and you must never be worried about attending by yourself. It's a big friendly bunch.

Wednesday 27th April 2022

Wolverhampton Family information Network



General talk and information session 11:00am – 12:00noon

Follow by buffet lunch. Please feel free to arrive anytime from 10am onwards. LUP office 7 Shaw Park Business Estate

Wednesday 11th May 2022

21 Locks Walk

Okay it's not Venice but... We suggest parking on Faulkland Street car park (that's the one where in the past we have met the coach) Let's say 10am at Faulkland street, or 10:10am at Broad Street Basin. The walk is 1.75 miles mostly flat with a bit of incline. Looking at much of Wolverhampton's industrial past. We will get off at Aldersley and stop for coffee and cake at the leisure centre. Then catch the bus back to the town center. The walk is okay for dogs, but dogs can't go into Aldersley Leisure center.

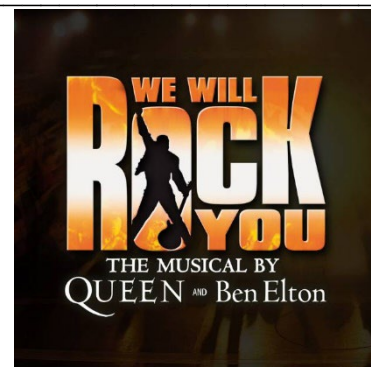


Wednesday 25th May 2022

We Will Rock You Grand Theatre

Meeting outside the foyer at 7:15pm

24 of Queens biggest hits being delivered throughout the show



Can we ask that you only book a place if you are sure you can come. There maybe tickets for partners, but this would be last minute so tell Claire if you would like additional tickets.

Wildside Activity Saturday
Saturday 9th April 2022
10am – 3pm



5 – 19 years

This session starts with a canal trip treasure hunt onboard Wildside's canal boat. So, if you are late you will find we have sailed.

Afternoon is flowerpots canal barge style and fire lighting.

Lunch is provided and is buffet.

1 x 1:1 place

On Monday 11th April there is a Staffordshire Aiming High outing to Cadbury world. This isn't led by our staff, but tickets are for families to attend by themselves. Please book through Staffordshire's booking system. Tickets quantities are limited of course.



Tuesday 12th April
Easter Crafting
9:30 – 12:30
1:30 – 4:30

LUP Office
7 Shaw Park Business Village
Shaw Road
WV10 9LE

5 – 19 years

Priority for Staffordshire children but there will be additional places as well.

4 easter crafts to enjoy.

1 :1 places available



Tuesday 12th April
Bowling & Bella
Meeting at Bentley Bridge Bowling 10:45
collect from Bella at 1:30pm



5 – 19 years

Claire will look back at who has not had this session for a bit its always really overbooked. Shout up you think you should be a priority.

Wednesday 13th April

Westcroft Active Day

10:00am – 2:00pm

Westcroft School, Greenacres Ave,
Westcroft, Wolverhampton WV10 8NZ



8 – 19 years

Taking place in the sports hall complex
Don't worry if you haven't been here before
just enter by the green gate next to reception
and head straight on. This session is
designed to be active with a selection of
games and sports activities. There is
optional swimming at 10:00am (please say
when you book)

Includes a packed lunch supplied



Wednesday 13th April

Easter Crafting

1:30 – 4:30

LUP Office
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5 – 19 years

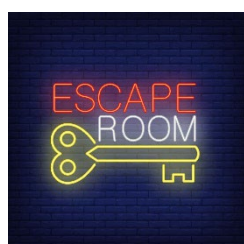
This is a repeat of the session on Tuesday
12th. It is an extra session being run to try
and satisfy the demand for places.



Tuesday 19th April

Escape Room & Rodeos Restaurant

11:30 meeting outside Primark in
Wolverhampton town center collection will
be from the same place 2:45pm.



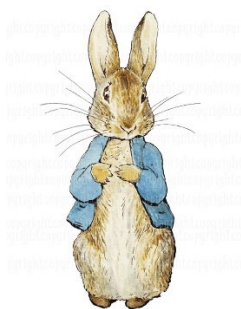
10 – 19 years

This is quite a tough challenge and not
suitable for all. Please consider this when
booking

Please note no mobile phones or digital
devices are allowed in the rooms. Lockers
available

Food must be pre booked
Claire will email menu choice or you can
look on website

Wednesday 20th April
Peter Rabbit
10am – 2:00pm



5 – 10 years
A party style session.
Doing a bit of puppet making, playing some party style games. Reading and acting a Peter Rabbit tale.

Includes a buffet lunch

Thursday 21st April
Black Country Museum
10:30 – 3:30pm

Tipton Rd, Dudley DY1 4SQ



5 – 19 years



Priority given to Staffordshire children but there will be additional places available as well. Staff will be outside the venue from 10:15am. Parking is difficult as you have to fetch a token if you pull into the car park because of the barrier. Staff will meet you at the little pull in on the left. Please don't hang around. Call Claire in advance with any messages.

You may send up to £5 pocket money
Packed lunch essential

Thursday 21st April
Wolf Mountain
12:00noon – 3:00pm



8 – 19 years

Indoor climbing
Crate stacking and Archery in addition.

Packed lunch and drink provided

Helmets must be worn, and the venue can be quite cold.

Saturday 23rd April

St Georges Day

9:30 – 12:30

Or

1:00 – 4:00pm

LUP Office
7 Shaw Park Business Village
Shaw Road
WV10 9LE



5 – 19 years

Craft session

Morning group get breakfast provided.

Sausages and bacon baps or veggie alternative

Afternoon group get lunch provided as soon as they arrive at 1:00pm. This is jacket potatoes cheese & beans.

Please tell us if you don't want the food option.

**HOLIDAY
ACTIVITIES
AND FOOD**



Saturday 7th May 2022

BUTTONS

9:30 – 12:30

Or

1:30 – 4:30pm

LUP Office
7 Shaw Park Business Village
Shaw Road
WV10 9LE

5 – 19 years

Crafting and play

Snacks available
1:1 places



Saturday 21st May 2022

Empire Biscuits

9:30 – 1:00pm

Or

1:30 – 5:00pm



5 – 19 years

Empire biscuits originally originated in Germany where they were called German Biscuits, but after the first world war they got renamed to Empire Biscuits. Stuck together with strawberry jam very sweet and yummy.



Monday night cycling is finally running normally. It is 6 – 7 pm in Hall D at Aldersley. Just tell Claire if you would like to give it a go. Our cycling is most suitable for those with higher levels of need and no 2 wheeled cycling is allowed. You can bring your own trike if you have one and can get it there. Can I also ask that you make sure Claire knows if you are attending. Paul & Natalie don't have access to all the contact information stored in the systems in the office, as parents never leave their child they don't need to. However recently we had issues when Aldersley closed at short notice that we didn't have a definitive list of who was booked on as some families had turned up without Claire knowing. If we don't know you're going we can't tell you if something changes.

REMINDER CYCLING DOESN'T RUN IN SCHOOL HOLIDAYS



We really wanted to host a Diamond Jubilee Party. However, we have found it just about impossible to hire a large enough venue where the caretakers are prepared to open up during the extra long bank holiday we have this year.

If anybody has access to a suitable venue with secure outside space please give Kim a call.

Just a quick final word about parking at The LUP Building in Shaw Park. It really annoys our neighbors when you use their parking spaces. On a Saturday its fine as they mostly aren't here but during the week we get grumped at. The parking on the kerbs is fine, as is the parking at the side of the fence. It just the parking on the block paved areas.



Every month somebody makes an anonymous donation to LUP via The Charities Trust portal. It costs £18.95 to see who made the donation so we never pay the fee. Thank You whoever you are and if you want too then please make yourself known to us.

