Welcome to our May / June newsletter.

Whoever is doing the rain dancing can you stop please. We would like some nice sunshine for half term.

So for this newsletter please do bookings in the normal way, i.e. make a request to the bookings line via email, bookings@lupwolverhampton.org.uk. Our allocation day for this newsletter will be Friday 3rd May.

I want to thank those who collected Easter Eggs for us to give out at Easter. Andrey Coats and her group Coffee with purpose, Alstrom Wolverhampton and Jaguar Land Rover. We had enough so that every child who attended over Easter got an egg.



I am sure that by now many of you will be aware of the YOWolves website. It is a great place to find other providers and information about what is happening in our city. There is quite a bit about local support. It's a long way from perfect, but they are trying to get it right.

There are 1:1 places on many sessions please request with Claire





Let Us Play (Wolverhampton) Registered charity number 1104506 Company LTD by Guarantee number 5042881 7 Shaw Park Business Village, Shaw Road, Wolverhampton WV10 9LE www.lupwolverhampton.org.uk 01902 546258



The Parents Group

Wednesday 22nd May

Reverse Decoparge. Making a glass rectangular bowl. It needs to dry a little between layers so will take longer to make than you may expect. 10am start.



Friday 14th June

Outdoor Cinema Experience, Dirty Dancing at Shugborough Hall

Meeting at LUP building at 5:15pm. We are going to carshare on the way there. So vehicles can be left on the car park. Anybody with a large car want to volunteer to drive? LUP have paid for the tickets, but we are asking each attendee to bring a contribution towards the picnic. Claire will have a list, either



choose something to bring or pick a item off the list. Everybody will need to bring a picnic chair. If you don't have one then we can lend you a fold up chair. Bring clothing suitable for the weather. LUP will supply plates, tables, cutlery, napkins etc.

Wednesday 26th June

Make a necklace using pearls and Rocaille beads. Don't forget your glasses. 10am start

LUP Building



Wednesday 10th July

Crazy Golf with lunch. 3Hammers golf complex with lunch in the restaurant afterwards. 10:45 arrival time. Meet by Dino golf reception.



Can I just remind everybody that parents group is open to all parents who's family have membership of LUP. Also on many activities there is a cost when parents don't turn up, this includes craft in the LUP building. This becomes wasted money. Please only book a place if you know you can come, one place per family.

Saturday 11th May

If you have places allocated on Pick n Mix craft from the last newsletter please don't forget about it. We find sometimes the last session from the previous newsletter is the one that gets forgotten.

For those who are Staffordshire families there is an outing to Trentham Gardens on 25th May. This is an none accompanied outing, no LUP staff present. Booking through the Staffs phoneline.

Tuesday 28th May

A English Tea Time Treat

2 sessions

9:30 - 12:30 OR 1:30 - 4:30

LUP Building
7 Shaw Park Business Village
WV10 9LE

5 - 19 years

This session starts with a hot breakfast.
Then we are making scones and they will be assembled to go home complete with Jam and cream.

Also we will be making cottage garden planters.

Hopefully the weather will be nice enough to play in the garden as well.

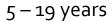
Afternoon Group will get a choice of hot food upon arrival.

N.B can afternoon group make a point of telling us if they don't want food.

1:1 Places available









Wednesday 29th May

11am - 3:00pm

Wednesfield & Woodend British Legion Vicarage Rd, Wolverhampton WV11 1SF

For those who haven't been they have quite a long narrow driveway. It is signposted off Vicarage Road.

Please dress for the weather.



This is suitable for all age groups. Lots of choice.

We are really hopeing for nice weather. The outside area will be open including the field for outdoor ball sports. In addition there will be indoor activities including a entertainer, craft, games.

lunch supplied by LUP catered buffet

Although we expect most families to leave their children in our care you may stay if you wish to do so. For info the bar wont be open.

Please and don't forget your drinks bottle.

Thursday 30th May

Virtual Reality

2 sessions

9:30 - 12:30 OR 1:30 - 4:30

Tup Building
7 Shaw Park Business Village
WV10 9LE

8 – 19 years

2 films Ocean Life & Hunting with Wild Animals.

Can we state the obvious they will need to wear a headset for 45 minutes have a short break then wear it again for another 45 minutes. If you have concerns about if they will wear the headset please don't request the session.

Lunch is Jacket Potatos.

Friday 31st May Farm Day

2 sessions

9:30 - 12:30

OR

1:30 - 4:30

LUP Building

7 Shaw Park Business Village **WV109LE**



Friday 31st May



12noon start — 3:30 finish

Paget Rd, Wolverhampton WV6 0DU

5 - 19 years

Over half term we are having a incubator of eggs which will hatch into chicks during the week. We are also having a Farm On Wheels visiting for the day. There will be farm related craft for those who want it and a team animal related quiz with prizes.

Lunch is make your own pizza



5 - 19 years

Indoor rock climbing. Lunch is supplied and it is sandwiches and crisps Wolf Mountain is at the back of the college. Sign posted off Paget road.

Saturday 8th June



10:30 - 3:30Discovery Wy, Dudley DY1 4AL



5 - 19 years

Please send a packed lunch and a drink. We will wait outside before the barrier so you can drop off and run. Please remember that there is a lot of walking.



For Staffordshire families on Saturday 15th June there is a whole family outing to the outdoor cinema at Shrugborough. Film Jurassic Park. This is booked on the Staffs bookings line.



Saturday 15th June Make It Move

2 sessions

9:30 - 12:30

OR

1:30 - 4:30

LUP Building

7 Shaw Park Business Village WV109LE

5 - 19 years

A craft session making crafts that move.



Saturday 22nd June

Cinema & Bella Italia

10am - 1:30pm Bentley Bridge Retail Park



5 – 19 years

Drop off at the cinema, collect from Bella



Saturday 22nd June

Stay and Play Saturday

2:00pm - 5:00pm

LUP Building 7 Shaw Park Business Village **WV10 9LE**



5 – 19 years

Lots of 1:1 places

Also places for those who wish to accompany their own children.

Includes some art

High ratio of child to adult We hope to use the garden and have the bouncy castle out.

Saturday 29th June

STEM Lego and lego related games.

2 sessions

9:30 - 12:30

OR

1:30 - 4:30

LUP Building

7 Shaw Park Business Village WV10 9LE





12 – 19 years

A session for the older ones.

This is quite a fiddly ask.

It is constructing a tractor styled vechicle from lego pieces.

It would be helpful if you only request a place if they like construction toys as this does take some concentration.

Lots of staff support

Some 1: 1 places available



Due to the amount of work and pressure on places the summer newsletter will be out really early. HAF families will be putting pressure on us for places. So we will be doing summer bookings earlier than usual.



The University of Leeds are doing a quantitative study focusing on the correlation between stress, quality of life and occupational participation in health-promoting activities among parents with children with learning disabilities. They are hoping to explore subjective health and well-being measures among parents with children with learning disabilities, particularly exploring a correlation between stress levels, quality of life, and occupational participation in health promoting activities.

To raise awareness of the research, we have agreed to promote the survey and ask you to participate. Participant anonymity will be maintained, and all data collected from the research will be kept strictly confidential. The data gathered from surveys will be reported in a research paper available to all participants upon completion and request. A participant information sheet and consent form will proceed the questionnaire so that any potential respondents are clearly informed of the nature of the survey. Participants will receive a debrief form providing guidance and support. It takes 10 minutes to do.

Survey Link: https://leedsbeckettmhr.eu.qualtrics.com/jfe/form/SV_ebsI2kGI4b8iYo6

