

Welcome to our summer newsletter.

Just wanted to mention food. Although HAF don't fund every session on this newsletter, we have made the decision to feed at every session to avoid confusion. However, we have to provide hot healthy food whenever possible. That is quite a challenge with so many fussy eaters. Please be assured that if we have say listed hot dogs then it will be best quality sausage in fresh bread with appropriate garnish. There will be lots of fruit available. The food selection for each activity is listed. If we are in the LUP building, then there will always be bread and cheese, beans etc available as well. If you decide to send a packed lunch please tell us. Drinks, please whenever appropriate send a drink in a water bottle. This prevents all the plastic and having to fetch and carry large amounts of water. Plus it means the children can have a flavour of their choice.

We are still doing bookings in the traditional way so for this newsletter please get your requests in by 28th June. I know this seems early but the administration for the summer is massive. Please be considerate if your plans change. There is likely to be waiting lists for most sessions.



Let Us Play (Wolverhampton) Registered charity number 1104506 Company LTD by Guarantee number 5042881 7 Shaw Park Business Village, Shaw Road, Wolverhampton WV10 9LE www.lupwolverhampton.org.uk 01902 546258



We need to raise money to furnish our new extension. On the 20th July we are running a tombola in Bilston Town Centre from 10am. We need some volunteers to help us on the day. Claire is booking slots from 9:45 please get in touch if you can offer us an hour. We are also looking for small tombola prizes. Many of you happily do collect for us all year round but the more prizes we have the more money we can raise.



For Staffordshire families there is a cookery day 10am – 2:00pm Saturday 13th July. Making lemon drizzle cake and lemon fudge. Please book in the normal way via the Staffs booking line. You can also tell Claire you are interested, but the session will likely sell out so to ensure a place its best to book via the Staffs bookings line.



Monday 22nd July

Laches Wood Outdoor Activity Day

9:50 – 2:30

Please meet us at:
Laches Wood Outdoor Education Centre,
Laches Lane, Slade Heath, Wolverhampton,
WV10 7PA



8 – 19 years

3 groups with children and young people assigned to an appropriate group for their ability. Please feel free to speak to Claire about the program for the day If you are worried about the difficulty of the activities. Lunch is provided by the centre and is Ham or Cheese sandwiches with an apple. Hopefully the weather will be nice, please send appropriate clothes.

DRINKS BOTTLES PLEASE !

Tuesday 23rd July

Peacocks

2 sessions

9:30 - 12:30

OR

1:30 - 4:30

LUP Building

7 Shaw Park Business Village

WV10 9LE



5 – 19 years

An arts & crafts day around the theme of Peacocks.

Lunch is Home made Chicken Pie served with vegetables.



Wednesday 24th July

Olympics Day

10am – 2pm

WV Active Aldersley

Aldersley Rd, Wolverhampton WV6 9NW



5 – 19 years

Mostly sports and team games but with a optional session at the shooting centre which is onsite on the bottom car park.

There will also be a small amount of Olympics related craft

They can choose if they want to break out or not. We acknowledge 4 hours in a sports hall is too much for most.

Lunch is buffet.

Please and don't forget your drinks bottle.

Thursday 25th July
Cinema & Bella Italia

**9:50 at Cinema Bentley
Bridge
Collect from Bella at 1:30**



5 – 19 years

We are unlikely to be able to tell you the film in advance.
If it matters please call Claire at the start of the week.



Thursday 25th July

**Stay & Play
With arts**

2:00pm – 5:00

**LUP Building
7 Shaw Park Business Village
WV10 9LE**

5 – 19 years

This is a session for our 1 : 1 children. There are also a tiny number of places for those who like a gentle session away from the noise of the bigger groups.
There is a high tea during the session.



Monday 29th July
Staying Local



10am – 1:30

Please meet us at the rear of St Peters Gardens
Wulfruna Street
We are doing this because you can pull up in the road without paying for parking. Look out for the Blue LUP Tops. Collect from Restaurant.

5 – 19 years

A tour around the art Gallery looking at their summer exhibitions. Then a local history walk and a tour around St Peters church and surrounding area.
Lunch is in The Sunbeam Pub Restaurant (by The Grand Theatre)
Please collect from the restaurant at 1:30

**Pre Orders for Restaurant essential
Involves lots of walking**

Tuesday 30th July

PUPPETS

2 sessions

9:30 - 12:30

OR

1:30 – 4:30

LUP Building

7 Shaw Park Business Village

WV10 9LE



5 – 19 years

Making puppets and watching a professionally delivered puppet show.

Lunch is Wraps, Salad and dressing.



For Staffordshire families there are vouchers for National Forrester Adventure Park and Cadbury World available via the Staffs booking line Capita.



Wednesday 31st July

Sports Hall Games & Swim

**Bert Williams Leisure Centre
Bilston**

10am – 2:40pm



8 – 19 years

A multi Sports Session with optional swim.

The swim session is 1:30 so if you don't require swimming please tell Claire and collect at 1:30



DRINKS BOTTLES PLEASE
sandwich lunch

Thursday 1st August

**Cotswold Water Park via
coach**

Strict gam departure
Arrival home estimated 6:00pm
approx
LUP Building

The lake does allow the use of small inflatables so if you have one you can bring a lilo or perhaps a ring. Consider bringing it inflated, it can go underneath in the coach.



Sandwiches & snacks provided.
Water Bottles Essential

Don't forget towels, swim wear,
change of clothes, sun screen

5 – 19 years

The cotswold water Park is a beach by a lake with an assortment of extra activities.

Optional Extras are:

1. Peddlos
2. Canoes or paddle boards
3. Large inflatable assault course on the lake

Life jackets are worn on activities but it is essential you tell Claire your child's swimming ability so that non swimmers can be prevented from going out of their depth in the lake. Please choose your extra activity or say none. We have hired a marquee to give us some shelter from the weather and somewhere to store bags. However this will not be manned.

Please don't send valuables
We would prefer you not to bring phones, but if bought they must be given to Kim on arrival

Monday 5th August

WANDS

2 sessions
9:30 - 12:30
OR

1:30 – 4:30
LUP Building
7 Shaw Park Business Village
WV10 9LE

5 – 19 years

Making wand biscuits, wands to take home and outdoor play.



Lunch for both groups is chicken burgers

Tuesday 6th August

Warped Sports

A half day doing a low impact paintball session 2 games with a break.
(no high impact paintball)

Castle Wood, Newport Rd, Cosford,
Wolverhampton TF11 8PN

12:15 arrival

Lunch is served upon arrival
It will be a sandwich goody
bag

Collection is 4:00pm

8 – 19 years

Does NOT include high impact paintball
Please meet us there and try not to be
late.

This is a physically active session
Old clothes please and consider your
footwear, no sandals.



Wednesday 7th August

**Outdoors at WV Active
Aldersley**

Aldersley Rd, Wolverhampton WV6 9NW

Meet us on the track at 10am

Finish is 2:00pm



5 – 19 years

We will have the bikes on the track.
Lots of additional sports and a small
amount of sit down activities.

Don't forget your labelled drinks bottles.

Lunch is buffet

Thursday 8th August

**An Afternoon at Bantock
Park**

(meet us at the coach house off the car
park)

Finchfield Rd, Wolverhampton WV3 9LQ

1:00pm – 4:00

5 – 19 years

This session has a high tea served at 3pm
Lots of team games and a play on the
park



Friday 9th August
Cinema & Bella

10am – 1:30



Bentley Bridge Retail Park

5 – 19 years
Usual drop off at cinema & collect from
Bella Italia. If the film matters please
contact Claire after Tuesday.



Monday 12th August

**Wolves Stadium tour &
Museum**

followed by a hot lunch and drink

Meeting at 10:25 at the Billy
Wright Statue
Waterloo Road
Collect from LUP building at
2:00pm



8 – 19 years

Involves lots of walking
Guided tour

Tuesday 13th August

Weather Crafts

2 sessions

9:30 - 12:30

OR

1:30 – 4:30

LUP Building

7 Shaw Park Business Village
WV10 9LE

5 – 19 years

A selection of crafts looking at the
weather
Lunch is a roast beef lunch with
yorkshires all home made
(nut roast for vegetarians but please
book it with Claire)



Wednesday 14th August
London
Parliament & River Tour

8am Departure
From LUP building
Arrival home is estimated to be
somewhere around 8pm



8 – 19 years

Moderate walking. Travel by coach with
a stop both ways for a break and toilet.
The homeward journey will include a
evening meal at the service station.

Tour of parliament is guided

River tour has commentary

Lunch and snacks will be provided.

Drinks bottle is essential
The young people will have to carry their
lunch which will be supplied.



Thursday 15th August

Junior Craft Day

2 sessions
9:30 - 12:30
OR
1:30 - 4:30
LUP Building
7 Shaw Park Business Village
WV10 9LE

5 – 12 years

This is a craft day designed for those less
able or under 11's. So simple stuff with
lots of play and use of the garden.



Thursday 15th August

Golf skills and play

3 Hammers golf complex

**Meet in reception at 10am
Session followed by a hot lunch
in the restaurant.
please collect at 1:00pm**

Old Stafford Rd, Cross Green,
Coven, Wolverhampton WV10
7PP

8 – 19 years

The session is lead by a professional golf coach. What will actually take place on the day does depend on the weather.



Monday 19th August

Animal Man

2 sessions

9:30 - 12:30

OR

1:30 – 4:30

LUP Building

7 Shaw Park Business Village
WV10 9LE

5 – 19 years

Animal information and handling.
Session also has some game play.

Lunch is jacket potatoes with an
assortment of fillings



Tuesday 20th August

Bouncy Heaven

WV Active Aldersley

Aldersley Rd, Wolverhampton WV6 9NW

2 sessions

Either

10am – 1pm

Or

11am – 2pm



5 – 19 years



We have done this before several times.

Basically 2 sports halls filled with bouncy castles.

This is also a staffs activity, please book on their bookings line.

Don't forget your drinks bottles

A buffet lunch is served at 12:30

Nobody is allowed to stay longer than 3 hours

Wednesday 21st August

Blackwell Adventure

Outdoor Centre

9:30 – 5:30

Leaving and returning from LUP building



8 – 19 years

Blackwell Adventure

Coach trip to Bromsgrove

If you havent been before please discuss groups with Claire. The session is suitable for most abilities. Does involve lots of walking.

Outdoor Swimming session. Kit and towels needed. You can opt out and sit and watch.

Packed lunch supplied.

Drinks Bottles !!!



Thursday 22nd August

Cinema & Bella

10am – 1:30 Cineworld

Bentley Bridge



5 – 19 years

Usual drop off at cinema & collect from
Bella Italia



Friday 23rd August

Wolf Mountain

11am – 3:00pm

Paget Rd, Wolverhampton WV6 0DU



8 – 19 years

Indoor Climbing with other activities.

A sandwich lunch is supplied.

Wolf Mountain is at the back of the
college.

Sign posted off Paget road.

Tuesday 27th August

Snooker Skills & Games play

11:00am - 15:00pm

Golden Cue Snooker Club
Etruria Way, Bilston.

WV14 7LH

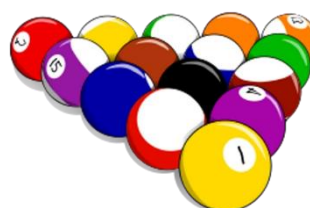
SESSION 3

10 - 19 years

This session will be split into 2 groups. Firstly,
session 3 for those who attended before. Also
another complete beginners group.

Please be on time as all attendees must attend
the briefing session, so everybody will be
waiting for you. The building is on a small
industrial estate off Mount Pleasant in Bilston.

Includes a simple sandwich lunch and drink.



Tuesday 27th August

WACKY SCIENCE

2 sessions

9:30 - 12:30

OR

1:30 - 4:30

LUP Building
7 Shaw Park Business Village
WV10 9LE

8 – 14 years

This session is aimed at the mid-range age group and isn't suitable for the top of the age group.

Lunch is spaghetti either bolognaise or carbonara with garlic bread



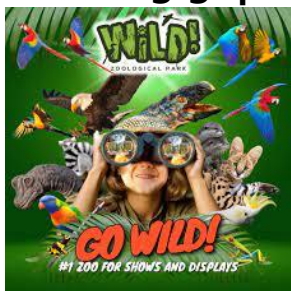
Wednesday 28th August

Wild Zoo

Halfpenny Green Vineyards

Meet us there

11am – 3:30pm



5 – 19 years

There isn't a lot of walking here and several shows to sit and watch. So it is suitable for those who get tired more easily.

Includes a sandwich lunch with a drink

Thursday 29th August

Art Attack

2 sessions

9:30 - 12:30

OR

1:30 - 4:30

LUP Building
7 Shaw Park Business Village
WV10 9LE

5 – 19 years

An arty session using watercolor etc
Lunch is make your own pitta bread pizza with toppings and mixed salad.



Just a word about Sun Safety. It's a very grey area about if we can apply sunscreen to a child. Generally, we have to ask them to apply it themselves, but several years ago Kim did apply sunscreen to a child (chemist own brand) and the child had a terrible allergic reaction. The allergy was unknown to her family, but it has made us nervous around the topic. Please apply sunscreen if the day calls for it before arriving and if appropriate send it with your child to top up.



Manchester University are doing some research into why parents choose special schools at secondary level when they choose mainstream for primary. If your child entered a special school in year 7 it would be nice if you got in touch with the lady doing the research. Obviously, data protection prevents me from sharing your details. Contact

Sarah Magill sarah.magill@postgrad.manchester.ac.uk

Just a quick word about Staffordshire bookings. The staff are super organised so our Staffordshire activities are often on Staffordshire connects before our newsletter gets released. Often this means the activities are full before the newsletter goes in the post. So, it pays to keep an eye on what's on there. It makes life easier for Claire if Staffordshire families book their places direct with them. The phone number is 0300 111 8007 option 2 then option 3.



Individual support places. We haven't listed availability on the individual activities this year. Most activities have 1:1 places on them. Just request with Claire. We are however experiencing very big demand for these. It is sometimes possible to send your own carer to attend the session. Just ask.



We thought you might like to see our plans for the extension. Originally, we had planned a full height extension across the back of the office, but building costs were almost £200,000 which was simply out of the question. The building we have chosen will be constructed off site making a much quicker onsite build. Less disruption. At the moment it is awaiting planning permission, which seems to be taking ages. Although we can manage the build financially, it will be constructed with no frills or finishes so we need to raise the money for the furnishings, decoration and fittings. We intend to move the office downstairs away from the activity space. Please remember to donate some small tombola items, it really does help.



